

SALTWORKS®

America's Sea Salt Company®

Ancient Ocean® - Himalayan Pink Salt (Iodized) Nutritional Statement

Nutrients	Per 100g
Basic Components	
Calories (kcal)	0
Protein (g)	0
Carbohydrates (g)	0
Dietary Fiber (2016) (g)	0
Total Sugars (g)	0
Added Sugar (g)	0
Fat (g)	0
Saturated Fat (g)	0
Trans Fatty Acid (g)	0
Water (g)	0.5
Ash (g)	99.5
Iodine (mcg)	4500.0
Vitamins	
Vitamin A IU	0
Vitamin C (mg)	0
Vitamin D (mcg)	0
Minerals	
Calcium (mg)	240
Iron (mg)	2.7
Potassium (mg)	260
Sodium (mg)	39400

Typical Serving Size = 1/4 tsp.
1/4 tsp. = approximately 1.5 grams

Britta Pyle
QA Manager, Saltworks®, Inc.

1/6/2026

Date